

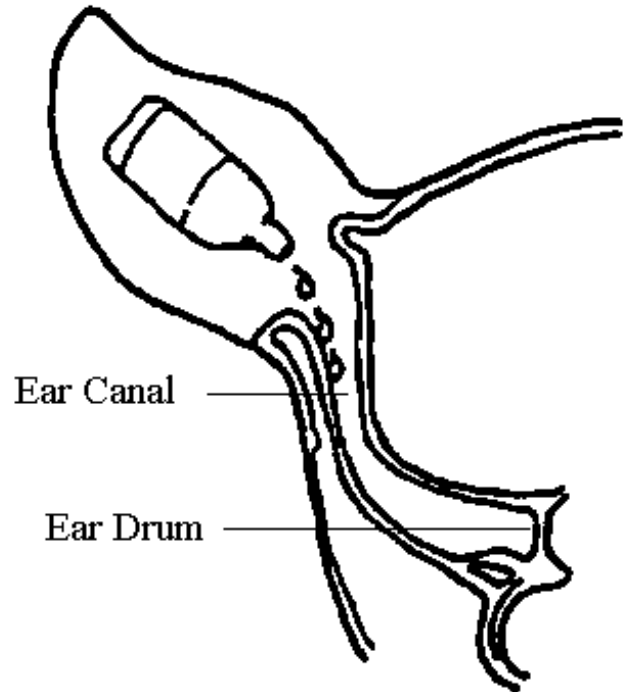
# McKeever Dermatology Clinics, Inc.

ALLERGY, EAR AND SKIN SPECIALIST

## INSTRUCTIONS FOR CLEANING EARS AND INSTILLING MEDICATIONS

### CLEANING

- A. Grasp the ear flap and lift it into a vertical position.
- B. Pour ear cleaner into the ear until it completely fills the ear canal. Pour a few drops onto the ear flap itself.
- C. Next, fold the ear flap lengthwise on itself and gently rub the two halves together.
- D. Gently massage the groove (behind the jawbone) from the base of the ear downward and inward in order to dispense the ear cleaner throughout the ear canal. Continue massaging the ear canal in a circular manner for 1-2 minutes. Then, clean out the excess cleaner and debris using a ball of cotton. Use a cotton swab to clean the remaining visible material from the outer ear.



The cleaning procedure is very important. If the wax and debris are not routinely removed, the medication will be unable to reach the infected tissues and its effectiveness will be diminished.

### Applying the Medication

- A. Lift the ear flap into a vertical position.
- B. Place the prescribed amount of medication into the ear canal. A small amount of the material can also be placed onto the ear flap itself.
- C. Massage, following the directions of C and D from above.

### Schedule for Treatment

Clean ears every \_\_\_\_\_ days.

Apply medication as indicated by your prescription(s).

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