

## Homemade Elimination Diet for Dogs

### Turkey/Pork and Rice Diet

1 lb. cooked turkey or pork

10 C. Cooked rice

1 tsp. salt substitute (potassium chloride)

1 1/3 tsp. calcium carbonate (2500 mg calcium)

1 tsp. dicalcium phosphate or 3.6 mg of bone meal (1180 mg calcium)

5 Tbs. Vegetable oil

Unflavored, additive-free multivitamin-mineral; supplement

Broil, boil or bake the turkey. Cook the white rice according to package directions (add the potassium chloride to the water). Chop the turkey finely and set aside. Pulverize the calcium carbonate, dicalcium phosphate (or bone meal), taurine, and vitamin-mineral supplement. Mix the oil, supplement, and rice; then add the meat. Makes enough for 4 days for a 30-lb. dog.

Calcium carbonate can be supplied as oyster-shell calcium tablets.

Weight	Daily amount to feed in lbs.
4-12 lbs.	1/3-2/3
12-20	2/3-1
20-50	1-2
50-80	2-3

**The following are some additive free, multivitamin-mineral supplements sold for humans.**

Nature Made Daily Combo multivitamin-mineral supplement - Nature Made Nutritional Products, Los Angeles, CA

Nature made Therapeutic M high potency vitamin and mineral formula - - Nature Made Nutritional Products, Los Angeles, CA

Vita-Worth SuperX multiple vitamin and minerals - General Nutrition Corp., Pittsburgh, PA

Jameson Centa Mins high potency vitamin and mineral formula – Jameson Pharmaceutical Corp., Burlingame, CA.